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# Food events at the library: Cuisine Corner prepares you to go back-to-school, Food 101 talks pizza and more

On August 6, the Fairview Shores Branch presents Cuisine Corner: Healthy School Lunches, during which Chef Yamira Lee Johnson shows you how to prepare easy recipes your kids can take to school. Oon August 13 joins us at the Southwest Branch as Chef Emily Roy from Publix Aprons shares her mouthwatering recipe for peach panna cotta during Cuisine Corner: Peach Panna Cotta.

The Food 101 series presents a new topic each month, focusing on a food item, its history and social significance. On August 28 visit the Orlando Public Library to learn and sample a popular food item enjoyed all over the world: pizza and flatbreads. The session begins at 6:30 pm. Register for free with your library card today.

Don't forget to track your summer reading and activities with <u>Beanstack</u> to earn badges for a chance to win some great prizes at the End of Summer Celebration happening on August 3. If you have any questions about the information shared below, contact us as 407-835-7323. Check us out online at <u>ocls.info</u> for a complete listing of all library events.

## Cuisine Corner Junior: Snacks 2 Go!

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville Monday, August 5, 2:30 p.m. Alafaya Branch, 12000 E. Colonial Drive Saturday, August 10, 11:30 a.m. Winter Garden Branch, 805 E. Plant St., Winter Garden Saturday, August 10, Noon Fairview Shores Branch, 902 Lee Road, Suite 26. Thursday, August 15, 4 p.m. West Oaks Branch, 1821 E. Silver Star Road., Ocoee Tuesday, August 20, 5 p.m. Hiawassee Branch, 7391 W. Colonial Drive *Tuesday, August 27, 6:30 p.m.* Learn how to mix up a delicious snacks for those summer road trips and long days by the water. Recommended for upper elementary, tweens and teens.

# **Cuisine Corner: Back to School Smoothies**

Washington Park Branch, 5151 Raleigh St., Suite A. *Tuesday, August 6, 6 p.m.*Orlando Public Library, Cypress Room, 101 E. Central Blvd. *Tuesday, August 27, 6:30 p.m.*School is back in session and mornings are going to be hectic. Chef Farah Davids will teach you quick blended breakfasts to grab on your way out the door to keep you full and healthy. Registration required.

# **Cuisine Corner: Healthy School Lunches**

Fairview Shores Branch, 902 Lee Road, Suite 26. *Tuesday, August 6, 6:30 p.m.* Engage kids with making their own healthy school lunches. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira, will demonstrate how to make delicious recipes that are kid friendly. Space is limited. Registration required.

## **Afterschool Snacks: Puppy Chow**

Windermere Branch, 530 Main St., Windermere *Wednesday, August 7, 2 p.m.*Hiawassee Branch, 7391 W. Colonial Drive *Tuesday, August 13, 6:30 p.m.*Winter Garden Branch, 805 E. Plant St., Winter Garden *Wednesday, August 14, 3:30 p.m.*Herndon Branch, 4324 E. Colonial Drive *Friday, August 23, 3:30 p.m.*South Trail Branch, 4600 S. Orange Blossom Trail *Saturday, August 24, 2 p.m.*Want an easy treat for after school? Learn how to make this salty and sweet snack! Supplies are limited.
Registration required.

# **Cuisine Corner: Tea Education & Tea Tasting**

Orlando Public Library, Albertson Room, 101 E. Central Blvd. *Wednesday, August 7, 6:30 p.m.* Winter Garden Branch, 805 E. Plant St., Winter Garden *Monday, August 19, 6 p.m.* Enjoy tea education, from non-tea drinkers, to those who have drank tea their whole life. We will serve two teas and you will learn about the history of tea, fun facts and different types of teas. Registration required.

# Snack & Learn: Talking to Aging Relatives About the Future

Hiawassee Branch, 7391 W. Colonial Drive *Tuesday, August 13, 1:30 p.m.* Talking about financial, legal, and healthcare issues can be uncomfortable. Learn strategies for making these important conversations as easy and productive as possible.

## **Cuisine Corner: Peach Panna Cotta**

Southwest Branch, 7255 Della Drive *Tuesday, August 13, 6 p.m.* Join Chef Emily Roy from Publix Aprons on a culinary journey as she demonstrates how to make a delicious peach panna cotta with biscotti crumble and blueberry compote. Registration required.

#### Healthy Grocery Shopping on a Budget

South Trail Branch, 4600 S. Orange Blossom Trail Wednesday, August 14, 10:30 a.m. Get easy, quick, on-the-go tips for saving money at the grocery store while still eating healthy meals.

### **Candy Sushi**

Orlando Public Library, 101 E. Central Blvd. Saturday, August 17, 4 p.m. Learn how to make delicious sushi rolls out of candy, rice crispy treats and more! Registration required. Supplies limited. For upper elementary and tweens.

### **Cuisine Corner: Simple Sauces**

Herndon Branch, 4324 E. Colonial Drive *Thursday, August 22, 6:30 p.m.* Join Chef Karen Ross of Karen's Creative Cuisines and learn how easy it is to make a simple alfredo sauce and a simple tomato sauce. Space is limited. Registration required.

#### **Cuisine Corner: Empanadas**

Southeast Branch, 5575 S. Semoran Blvd. *Tuesday, August 27, 6:30 p.m.* Alafaya Branch, 12000 E. Colonial Drive *Thursday, August 29, 6:30 p.m.* Discover how you can make tasty empanadas. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira, will demonstrate how to make empanadas. Space is limited. Registration required.

#### Food 101: Pizza and Flatbreads

Orlando Public Library, Albertson Room, 101 E. Central Blvd. *Wednesday, August 28, 6:30 p.m.* The Food 101 series introduces you to a new topic every month, examining the historical and social significance of what we eat.

## LEARN. GROW. CONNECT.

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