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#### Begin the year with some tasty food programs at the library

Join us at the library this January to get some cooking inspiration for the New Year. On January 10, the Orlando Public Library hosts Cuisine Corner: Plant-Based Foods, featuring Joycelyn Bryant, owner of Joycelyn's Southern Kitchen. Bryant will share plant-based recipes that are sure to please the pickiest of eaters. On January 28, settle in with a good cup of tea and listen to the library's talented storytellers spinning yarns during An Evening of Coffee, Tea, and Stories for Adults at the South Trail Branch.

If you have any questions about the events or information shared below, please feel free to contact us as 407-835-7323. You can also check for more food-related library events online at <u>www.ocls.info/cuisinecorner</u>.

#### **Cuisine Corner Junior: Snowman Dessert Dip**

Alafava Branch, 12000 E. Colonial Drive Saturday, January 5, 10:15 a.m. South Creek Branch, 1702 Deerfield Blvd. Saturday, January 5, 2:30 p.m. Orlando Public Library, 101 E. Central Blvd. Monday, January 14, 3:15 p.m. Eatonville Branch, 200 E. Kennedy Blvd., Eatonville Thursday, January 24, 3:30 p.m. South Trail Branch, 4600 S. Orange Blossom Trail Tuesday, January 29, 4:30 p.m. West Oaks Branch, 1821 E. Silver Star Road., Ocoee Tuesday, January 29, 5 p.m. Hiawassee Branch, 7391 W. Colonial Drive Tuesday, January 29, 6:30 p.m. Do you want to build a snowman? Come pour, mix and taste a dip that will melt in your mouth this winter. Recommended for upper elementary, tween and teens.

#### **Cuisine Corner: Herbal Cold and Flu Care**

Windermere Branch, 530 Main St., Windermere

Wednesday, January 9, 6:30 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

Monday, January 28, 6:30 p.m.

Get ready for cold and flu season by learning about the immunity boosting powers of tea. Join Karon Cannon of Tea Craze to explore the benefits that drinking tea has on your health and enjoy a tasting of immunity boosting teas and herbs. Space is limited. Register online at ocls.info or call 407.835.7323.

### **Cuisine Corner: Plant-Based Foods**

Orlando Public Library, Cypress Room, 101 E. Central Blvd. *Thursday, January 10, 6:30 p.m.* Sustain energy, mental sharpness and creativity by discovering new ways to incorporate plants into your daily life. Joycelyn Bryant, owner of Joycelyn's Southern Kitchen, will show you how to make plantbased eating delicious. Space is limited. Registration required.

# Little Chef: Rainbow Fruit Pizza

Herndon Branch, 4324 E. Colonial Drive *Thursday, January 10, 10:30 a.m.*West Oaks Branch, 1821 E. Silver Star Road., Ocoee *Tuesday, January 15, 11 a.m.*Edgewater Branch, 5049 Edgewater Drive *Friday, January 18, 10:30 a.m.*South Creek Branch, 1702 Deerfield Blvd.

Wednesday, January 23, 10:30 a.m.

Learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. Recommended for preschoolers.

# **Candy Sushi**

Southeast Branch, 5575 S. Semoran Blvd. Saturday, January 12, 2 p.m. Learn to make candy sushi rolls! At this program, we'll create Candy Sushi Rolls, write haikus and watch anime. Recommended for upper elementary, tweens and teens.

# Cuisine Corner: Healthy Cooking for One or Two

Herndon Branch, 4324 E. Colonial Drive *Thursday, January 24, 6 p.m.*North Orange Branch, 1211 E. Semoran Blvd., Apopka *Saturday, January 26, 11 a.m.*Cooking for one or two can be a challenge. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will show you how to make tasty meals for one or two without wasting food. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required.

# An Evening of Coffee, Tea and Stories for Adults

South Trail Branch, 4600 S. Orange Blossom Trail *Monday, January 28, 6:30 p.m.* 

Treat yourself to an evening filled with the wondrous, unusual, funny tales of real life. Whose life? Yours, of course! Relax, take a break from your daily routine and enjoy stories presented by the library's talented storytellers. Find your inner storyteller and swap anecdotes with other adults as you enjoy light refreshments. Refreshments available, while supplies last.

#### Little Chef: Peanut Butter & Brains?!

Orlando Public Library, 101 E. Central Blvd.

*Tuesday, January 29, 10:30 a.m.* 

Create a new twist on a family favorite! Learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. Recommended for preschoolers.

#### Cuisine Corner Junior: Snacks for the Big Game

Alafaya Branch, 12000 E. Colonial Drive *Thursday, January 31, 4:30 p.m.* In preparation for the Big Game, join us to make some tasty snacks. Recommended for upper elementary, tween and teens. Registration required.

#### **Cuisine Corner: Appetizing New Year**

Orlando Public Library, Cypress Room, 101 E. Central Blvd. *Thursday, January 31, 6:30 p.m.* Start your new year with these appetizing starters.

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