

For more information, contact:

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Learn about meat alternatives, have lunch in space and more at the library

Are you curious about starting a healthier diet? Have you thought about becoming a vegetarian? Join us on May 8 at Orlando Public Library for Cuisine Corner: Meat Me in the Veggie Patch. Meet and discuss with Joycelyn Bryant of Joycelyn's Southern Kitchen as she shares some tips and recipes using healthy plant-based meat alternatives.

Then on May 15, NASA Ambassador Dr. Mark Guillette welcomes all back to Orlando Public Library for Lunch and Learn: What's Up with NASA? Bring your lunch and join us for a discussion about the past, present and future on NASA and all things space.

If you have any questions about the events or information shared below, contact us at 407-835-7323. Check us out online at <u>ocls.info</u> for a complete listing of library events.

Cuisine Corner: Watermelon Wednesday

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Monday, May 1, 6:30 p.m.

Try a new mid-week tradition, Watermelon Wednesdays! Representatives from the Central Florida Watermelon Counsel will show you new, delicious ways to prepare and use this refreshing fruit. Registration required.

Cuisine Corner Junior: Star Wars Snacks for May the Fourth

Alafaya Branch, 12000 E. Colonial Drive

Saturday, May 4, 11:30 a.m.

Make some of the tastiest snacks in the galaxy and celebrate together! Recommended for upper elementary, tweens and teens.

One Book, One Community: Cuisine Corner Junior

South Creek Branch, 1702 Deerfield Blvd.

Saturday, May 4, 2:30 p.m.

Just in time for blueberry pie, oh my! Take a bite of this comforting, no-bake fruit pie inspired by Mrs. Zuckerman's delicious dessert in *Charlotte's Web*, this year's One Book, One Community selection. Recommended for upper elementary, tween and teens.

Cuisine Corner: Sunshine State of Mind

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville

Monday, May 6, 6:30 p.m.

Florida's rich history is caught up in the net of sailing seas, citrus groves, palm trees and of course seafood! Join Chef Farah Davids on an exploration of the seafood boil and a twist on the Florida Keys favorite, the Key lime.

Cuisine Corner: Infused Olive Oil

Southeast Branch, 5575 S. Semoran Blvd.

Tuesday, May 7, 6:30 p.m.

Hiawassee Branch, 7391 W. Colonial Drive

Thursday, May 9, 6:30 p.m.

Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to create infused olive oil and incorporate it in your cooking. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required.

Cuisine Corner: Meat Me in the Veggie Patch

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Tuesday, May 8, 6:30 p.m.

Whether you're trying to eat less meat or going vegetarian, learn about delicious plant-based meat alternatives. Presented by Joycelyn Bryant, owner of Joycelyn's Southern Kitchen. Registration required.

Cuisine Corner Junior: Ponyo Ramen

Alafaya Branch, 12000 E. Colonial Drive

Tuesday, May 14, 6:30 p.m.

Learn how to make delicious ramen from *Ponyo*! A special *Ponyo* Shrinky Dink craft is included. Recommended for upper elementary, tweens and teens.

Lunch and Learn: What's Up with NASA?

Orlando Public Library, 101 E. Central Blvd.

Wednesday, May 15, 12 p.m.

Bring a brown bag lunch and stop by the library on your break for a lecture and discussion about NASA's past, present and future. NASA Ambassador Dr. Mark Guillette will discuss the agency and its work.

Little Chef: Apple Pie Parfait

Herndon Branch, 4324 E. Colonial Drive

Thursday, May 16, 10:30 a.m.

Southeast Branch, 5575 S. Semoran Blvd.

Saturday, May 18, 3 p.m.

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

Tuesday, May 21, 11 a.m.

South Creek Branch, 1702 Deerfield Blvd.

Wednesday, May 29, 10:30 a.m.

Celebrate apple pie in a brand-new way! Registration required. This class is a "Mommy or Daddy and me" event.

Cuisine Corner: Get Your Summer Rolling

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, May 16, 6:30 p.m

Celebrate Asian Pacific Heritage Month with chef Ha Roda as she teaches us to make delicious, refreshing and healthy Vietnamese summer rolls! Everyone participating will fill and roll their own tasty starter to enjoy. Registration required.

Cuisine Corner: Orlando Meats

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, May 30, 6:30

A study in chicken: butchering from whole and using every constituent part of the often-overlooked American staple. Presented by Eliot Hillis, culinary director of Orlando Meats. To learn more, visit orlandomeats.com. Space is limited. Registration required.

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